



## **McGohan Brabender Daily Update**

Today is Thursday, April 16, 2020

### **US CHAMBER OF COMMERCE CARES ACT PRESENTATION**

The CARES Act is confusing with several phases directed to different aspects of business. This particular presentation was produced by the US Chamber of Commerce with an option to download their guide to Paycheck Protection Program. They also offer direct contact information for those affiliated with a Chamber of Commerce.

[Cares Act: US Chamber of Commerce Presentation](#)

---

**ACCELERATEGO!  
A MUST FOR EASY COMMUNICATION  
DISTRIBUTION**

In case you didn't get yesterday's update. Thought we would run this again today. AccelerateGo! is the most important item on your to-do list! Click on the link and have Kenzie give you the lowdown of how this software is pertinent for you and your employees to stay in the know.

[AccelerateGo! Information Page](#)

---

## **JOYAGES: VIRTUAL ESCAPES**

### **"Dealing with the New Normal"**

Well, the new *normal* for now. Joyages co-founder, Ray White, has four suggestions to stay in control of your emotions during the coronavirus pandemic.

1. Identify your feelings- define them
2. Figure out what you *can* control
3. Focus on day-to-day. Tomorrow is tomorrow.
4. Your feelings are normal, no matter how new they are to you.

[Joyages Video: Your Emotions are Normal](#)

---

## **MB COVID-19 RESOURCE CENTER**

# "Now is the Smartest Time to Stop Smoking"

We would like to share the May "Live Well, Work Well" newsletter for a specific reason. The newsletter discusses tobacco cessation programs. It has been mentioned, but not proven, that the COVID-19 pandemic hits smokers more directly than non-smokers. As Ohio Health Director, Dr. Amy Acton has pointed out on the daily updates with Governor DeWine, "now is the smartest time to stop smoking."

[Live Well, Work Well - May Newsletter](#)

[Click Here for McGohan Brabender's COVID-19 Resource Center](#)

---

**McGohan Brabender**

3931 S. Dixie Drive Dayton OH 45439



This email was sent to [kfell@mcgohanbrabender.com](mailto:kfell@mcgohanbrabender.com)

Want to change how you receive this email?

Update your [preferences](#) or [unsubscribe](#) from this list

McGohan Brabender emails are powered by **Cerkl®**