



McGohan Brabender Daily Update

Today is Friday, April 17, 2020

PROPOSED CRITERIA FOR STATE AND REGIONAL COVID-19 QUARANTINE LIFT

This article shares the proposed phases that individuals, employers, schools, parishes, retirement communities, etc., if passed, will have to follow to get back to their pre-coronavirus status. It is definitely not an overnight hop, skip and jump. It will take time, but it gives us a plan to ease back into our workday with possible social gatherings, and even travel, all within reason. We obviously cannot just go back to the way things were, so keep washing those hands, don't touch your face, and stay home if you are feeling ill. If we keep following those steps, the plan will come together.

[Opening Up America Again](#)

COVID-19 "HOW TO MANUAL"

This guide book has regulations, definitions, compliance instructions, and a heck of a lot of answers to all the COVID-19 questions. If you need clarification on something coronavirus related, this is the encyclopedia of knowledge, and it will continue to grow, as we learn more. This is a large document so be prepared if you plan on printing. This truly is a great book to have on hand.

[HR Toolkit- Employer Guide to COVID-19](#)

JOYAGES: VIRTUAL ESCAPES

"Keep Calm and Carry On"

No one likes to be TOLD what to do, even if you know it is the best thing for you. With today's Joyage, we talk about how to calm *yourself* down when in a tense situation. The important thing to remember is that we will all go through stress and you can determine if it is the enemy or not. It's how you respond to stress that makes all the difference. The only thing you can control about a conflict is your attitude towards it. Click and Carry On.

[Joyages Video: Keep Calm and Carry On... Please.](#)

MB COVID-19 RESOURCE CENTER

"How to Prevent Remote Burnout!"

Being forced to bring your work life into your home has many employees feeling stressed to new levels. As we continue this pandemic quarantine, keep an eye on key factors, and try to avoid some initiators, like heavy work load or long hours. Being stressed will weaken your immune system, and now certainly is not a good time for that to occur. Managers- take some hints and check on your crew.

[HR Insights: How to Recognize and Manage Burnout](#)

[Click Here for McGohan Brabender's COVID-19 Resource Center](#)

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