



## Helping You and Your Team Return to Your Workplace

As we transition into our worksites, here are a few ways to support the health and well-being of your employees and a few ways that our teams can support you. Kettering Health Network's mission is to improve the quality of life of the people in the communities we serve through health care and education. If you need to visit one of our offices or call us, we are here for you physically. With our approach to whole person care, we are also here for your mind and spirit too.

One of the main things you can do to welcome your employees back into your worksite is **communicate**.

- Communicate the status of the health and safety of your workplace even if you think they already know.
- Include updates on:
  - Cleaning procedures
  - Policies or guidelines related to social distancing, masks, break and lunch areas
  - Discontinue use of shared items like pens, paper clips
- Share a list of employee benefits that support emotional health
- Remind and encourage your employees to be patient with themselves and others
- Re-entry webinar is available from our Corporate Outreach team

### Self-Care – Support for Employee Well-being

Our Corporate Outreach team can help you set-up and support the following:

- Healthy practices
  - Tips while eating lunch at your desk
  - Good hygiene
  - Team meetings
  - The importance of connection
- Well-being moments for emotional health
  - Breathing, mindfulness, progressive muscle relaxation, visualization
- Well-being or nutrition webinars
- 1:1 and small group health coaching sessions

### Fall Flu Clinic

- Start planning and reaching out to your flu clinic provider to set a date

### Temperature Checks

Our Corporate Outreach team can help you set-up and support the following:

- Medical advisor to assist you with setting up protocol and procedures
- Provide an on-site team to support screenings

### Telehealth

Kettering Physician Network remains dedicated to meeting your health care needs. To support social distancing, we are offering new visit options.



Type of Visit	Channel	How it Works
Telehealth Video Visits	Online Video	Real-time video and audio visits with a clinician
Virtual Check-in	Telephone	Brief 5-10-minute phone call with the clinician
E-visit	MyChart	Email with the clinician through MyChart

Any of our patients that do not require an in-person exam might qualify for these types of visits. This includes well visits and sick visits.

Please contact your clinician’s office by phone or MyChart to determine the best type of visit for you. Please contact your insurance provider for the cost associated with the visit.

**In person visits**

There are new check-in questions and visitor restrictions. These are temporary policies that continue to change as the coronavirus pandemic evolves. If you would like more information, please call in advance of your appointment, and our team will assist you.

**Visitor and Patient Screenings**

- All visitors to hospitals and select community ambulatory facilities will be screened for symptoms, exposure or travel history.
- Visitors will be asked to leave the facility if they have had symptoms in the past 24 hours or exposures in the last 14 days
- If the visitor is a driver for a patient, they will be asked to wait in their car until the patient’s appointment is completed
- Visitors must wash their hands or use hand sanitizer before and after leaving rooms and hospital or physician office buildings.

**Antibody information from Kettering Health Network’s Incident Command, current as of 5/4/20:**

**Q: If you have seen advertisements for antibody testing at various practices or other labs in the area, are they complete and accurate antibody testing?**

A: While there are several tests being advertised and offered in the greater Dayton area and elsewhere, the FDA has not reviewed the vast majority of the tests on the market for validity and sensitivity. Additionally, the reliability of the test results has yet to be determined.

**Q: Can the antibody testing be used to diagnose someone with COVID-19?**

A: No, early in the disease course, antibodies may not be high enough to be detected. Additionally, there are several known human coronaviruses—ones that cause the common cold—that could produce cross reaction in response to COVID-19.

**Q: If I was tested and have shown antibody response, does this mean that I am immune from future COVID-19 re-infection or exposures?**

A: At this time, not enough research has been completed to produce evidence-based results to show whether the antibodies if detected provide immunity. Additionally, testing can result in false-positives as well as false negatives.



**Q: If I have had antibody testing and have a positive IgG result; can I donate plasma without a confirmed COVID-19 test result?**

A: Yes, per the FDA guidelines for convalescent plasma collection if they are 28 days symptom free.

For the latest information on COVID-19, travel restrictions and frequently asked questions, please visit [cdc.gov](https://www.cdc.gov) or your state or local health department for the latest details.

- [U.S. Centers for Disease Control & Prevention](#)
- [Ohio Department of Health](#)
- [Public Health - Dayton & Montgomery County](#)

We are in this together and are encouraged by the strength, innovation and kindness demonstrated by the people in our communities.

For questions or for more information, please call or email:

Britney Bart

Corporate Care Liaison

937-558-3926

[britney.bart@ketteringhealth.org](mailto:britney.bart@ketteringhealth.org)