

Anthem is extending coverage for COVID-19 care

Providing our employers and members with peace of mind is important to us. We want them to feel secure knowing their Anthem plan has them covered, and we are committed to providing members the support and resources they need to protect themselves and their families.

We are extending coverage for COVID-19 care through December 31, 2020

If a member or anyone on their health plan needs to be treated for COVID-19, we will cover the care with no copays or cost-sharing as long as they receive treatment from doctors, hospitals, and other health-care professionals in their plan's network.

We are extending coverage for care from home

Telehealth doctor visits give members access to health care without leaving their home. Telehealth visits with health-care providers in their plan's network are covered at no cost to members through September 13, 2020. This includes visits that are not related to COVID-19.

The Virtual Care text feature on the [Sydney Care mobile app](#) allows members to chat with a doctor. Their first two text sessions are free through December 31, 2020. Additional text visits are \$19 each.

The extended coverage applies to Anthem's Fully Insured groups and self-funded groups that opted to provide the extended benefits to their members. We contacted self-funded groups individually to determine if they wanted to opt in.

Supporting whole health and peace of mind

Taking care of emotional health is important during this stressful time. Anthem members have access to a wide range of online resources to help them and their family members address emotional health and life challenges:

- [Psych Hub](#) offers resources to help with pandemic-related stress such as social isolation, coping with grief and loss, and other mental-health issues.
- [AnthemEAP.com](#) offers helpful resources, including online seminars, practical tips, and links to health organization websites. It is available to all members through June 30, 2020. To log in, use the company code **EAP Can Help**.

The health of our members is a top priority. We are making changes to support members so they can get the care they need. Visit our [website](#) for additional information on our COVID-19 coverage. If you have questions, please call your Anthem representative.